

LIGHTER LUNCH BITES



SERVED FROM MID-DAY TO 4PM MONDAY TO SATURDAY

SANDWICHES

Served on a choice of Granary or White fresh Bread:

TUNA OR EGG MAYO	£5.00
Tuna or Hard Boiled Egg in a blend of Mayonnaise & Salad Cream	
BLT	£5.50
Grilled Bacon, Tomato, Lettuce & Mayo	
HOME ROASTED HAM	£5.50
Our own roast Gammon Ham. Salad Cream, Mustard, Brown Pickle, Mayo available	
TAW VALLEY CHEDDAR & ROAST HAM	£5.50
Salad Cream, Mustard, Brown Pickle, Mayo available	
CHEESE & ONION	£5.00
Salad Cream, Mustard, Brown Pickle, Mayo available	
SMOKED SALMON	£6.50
with a hint of Lemon & Black Pepper	

JACKET POTATOES

A large, slow baked Potato with Butter and a Side Salad plus a wide choice of toppings available until 4pm Monday to Saturday:

PLAIN BUTTERED	£5.00
TUNA MAYONNAISE	£6.00
TUNA MAYO & CHEDDAR	£6.50
BAKED BEANS	£5.50
CHEDDAR CHEESE	£6.50
CHEDDAR & BAKED BEANS	£7.00
GAMMON HAM & CHEESE	£7.00

TOASTED SOURDOUGH

Served open, on Sourdough Baguette toasted in the Pizza Oven available until 4pm Monday to Saturday:

BRUSHED WITH GARLIC, SEA SALT & ROSEMARY OIL	£3.00
GARLIC, SEA SALT & ROSEMARY OIL WITH CHEESE	£4.25
TUNA MAYO, SLICED ONION, TOPPED WITH CHEDDAR	£6.00
CHEDDAR CHEESE & TOMATO	£5.50
HAM & CHEDDAR CHEESE	£6.00
THE PIZZA BREAD - PEPPERONI, CHEESE & JALAPENOS	£6.50
CHEDDAR, ONION, TOMATO & BACON	£6.00

SIDE ORDERS



SERVED FROM MID-DAY EVERY DAY

HOMEMADE COLESLAW	£3.50
HOMEMADE BATTERED ONION RINGS	£3.75
GARDEN PEAS OR MUSHY PEAS	£2.50
CHIPS OR FRENCH FRIES	£3.75
BUTTERED MASHED POTATO	£3.25
CRISPY SALAD WITH HOUSE DRESSING	£3.50
SWEET POTATO FRIES	£4.50
HASH BROWNS	£3.50
HASSELBACK POTATOES	£3.95
HALF SOURDOUGH BAGUETTE	£3.25
With Garlic, Sea Salt & Rosemary	
CHEESY HALF SOURDOUGH BAGUETTE	£4.25
With Cheddar Cheese, Garlic, Sea Salt & Rosemary	

SUNDAY LUNCH



AVAILABLE EVERY SUNDAY FROM MID-DAY TO 8PM

All food required between 12 & 4pm must be ordered by 11.45am

All of our Roasts come with Roast Potatoes, Honey Roast Carrots, a selection of Steamed Vegetables, Peas, a Yorkshire Pudding and as much gravy as you like:

SLOW ROAST LEG OF LAMB	£12.50
With Garlic & Rosemary, Redcurrant Jelly & Mint Sauce	
ROAST HALL FARM BEEF	£12.95
With Horseradish Sauce	
ROAST TURKEY CROWN	£11.25
With Stuffing & Cranberry Sauce	
THREE MEAT ROAST	£14.95
All three meats above, plus all the trimmings, sauces of your choice and two Yorkshire Puddings	
VEGETARIAN ROAST	£10.95
With Redcurrant Jelly	

Add to your roast:

Extra Yorkshire Pudding - 50p | Extra Roast Potatoes £2.95
Honeyed Pigs in Blankets £3.75 | Cauliflower Cheese £3.25
Onion Rings £3.75 | Buttered Mashed Potato £3.25

DESSERTS



SERVED FROM MID-DAY EVERY DAY

TODAY'S HAND-MADE CHEESECAKE	£4.95
Served with Chantilly Cream	
PROFITEROLES	£5.95
Served with a Chocolate Orange Sauce	
CHOCOLATE BROWNIE	£5.50
Served with Vanilla Ice Cream	
APPLE & PEAR CRUMBLE	£5.50
Served with Ice Cream	
SELECTION OF CHEESES	£6.50
Served with Crackers or Bread, Chutney & Grapes	
STICKY TOFFEE PUDDING	£5.75
Served with Ice Cream or Custard	

CELEBRATIONS, PARTIES & WAKES

Our flexible dining and entertaining spaces enable us to cater with pleasure for your function. The Barns, Garden Bar and covered dining areas are all available for all types of function for up to 120 guests.

Please ask us for more details or call 01206 322143.



TAKEAWAY MENU

FOOD IS AVAILABLE FOR COLLECTION DURING THE TIME SHOWN IN EACH SECTION

Please call in, or telephone 01206 322143 to Order

Please give as much notice as possible, there may be delays at peak times

PLEASE NOTE:

All orders for food required between 12 & 4pm on any Sunday or bank holiday Monday must be ordered by 11.45am

BAR & RESTAURANT OPENING HOURS

9.30am to 11pm Monday to Saturday
9.30am to 10pm Sunday

Food served all day to 8pm Sunday to Tuesday & until 9pm on Wednesday to Saturday

TAKEAWAY FOOD AVAILABLE ALL DAY

UNTIL 8PM SUNDAY TO TUESDAY
AND UNTIL 9PM WEDNESDAY TO SATURDAY

Many of our dishes can be made Gluten Free on request
Please see our notes overleaf for those with food allergies

IMPORTANT ALLERGY NOTICE

All of our dishes and products may contain traces of nuts, gluten, caffeine, mustard, shellfish, dairy products and other potential allergens due to the shared preparation and cooking spaces in our kitchen. Should you suffer from any potential reaction or allergy please check with your server before ordering. We have a wide range of meals suitable for those following a gluten free diet, but these dishes may still contain very small traces of gluten due to shared preparation and cooking spaces.

TO START

SERVED FROM MID-DAY EVERY DAY



TAKEAWAY CUP OF HOMEMADE SOUP	£3.50
Freshly made soup of the day, or Roasted Tomato & Basil Soup, finished with a swirl of Plant Cream	
TEMPURA KING PRAWNS	£6.25
Prawns in a light tempura batter with Sweet Chilli Sauce and a Salad Garnish	
CRISPY CAULIFLOWER 'WINGS'	£4.75
With a Sweet Chilli Dip	
DUCK & HOI SIN BAO BUNS	£5.75
With Cucumber & Spring Onion	
ANCHOR FRIED CHICKEN	£5.75
Buttermilk-marinated Chicken Breast strips with a Chilli Tomato Salsa, Chipotle Mayo & Salad Garnish	

FROM THE GRILL

SERVED FROM MID-DAY EVERY DAY



THE ANCHOR PLANT BURGER	£10.95
A succulent Plant Burger, made from Beetroot, Hand-picked Portobello Mushroom, Chick Peas, Kidney Beans & Bulgur Wheat, chargrilled and served in a Toasted Bun with Cheddar, Lettuce, and our special Burger Sauce. French Fries, Onion Rings & Coleslaw	
THE ANCHOR BURGER	£11.95
Hand-pressed 100% Steak Mince Beef Burger, chargrilled and served in a Toasted Bun with Cheddar, Bacon and our special lightly-spiced Burger Sauce. French Fries, Onion Rings & Coleslaw	
ADD: An extra Burger Patty £6	
CHICKEN NEW YORKER	£11.95
Grilled Chicken Breast cooked with Cheddar Cheese & Bacon in a BBQ Sauce served with French Fries and Peas	
PIRI PIRI CHICKEN & CHORIZO ESPETADA	£11.95
A hanging skewer of grilled seasoned Piri Piri Chicken & Chorizo with Onion served with Garlic Butter & Spicy Salsa Dips, French Fries and a Side Salad.	

FROM THE SEA

SERVED FROM MID-DAY EVERY DAY



SEAFOOD LINGUINE	£11.95
Prawns, Mussels & Squid in a rich Tomato Sauce, served with Garlic Bread	
HERB-GLAZED FILLET OF COD	£12.50
With a Lemon Beurre Noisette, Roasted Asparagus & Hasselback New Potatoes	
MOULES ET FRITES	£11.95
Moules with a Creamed White Wine, Chilli & Garlic Sauce served with French Fries	
BATTERED CATCH OF THE DAY	£12.50
Sustainable, fresh fish cooked 'Chip Shop' style in our own special batter. Served with Chips and Peas or Mushy Peas.	
BATTERED CATCH OF THE DAY GOUJONS	£9.50
A smaller portion of the Catch of the Day cooked in our own special batter. Served with Chips and Peas or Mushy Peas.	
BREADCRUMBED SCAMPI TAILS	£11.95
Wholetail Scampi served with Home-made Tartare Sauce and Chips, Peas or Mushy Peas	

HOUSE FAVOURITES

SERVED FROM MID-DAY EVERY DAY



GNOCCHI	£10.50
Mushroom, Pesto & Sundried Tomato Gnocchi in a Creamy Sauce with Garlic Bread	
SAUSAGE & MASH	£10.50
Butcher's Cumberland Sausage Whirl plus Cranberry, Honey & Sausage Bites with creamy Mashed Potato, Peas, Onion Rings and our rich Gravy	
SWAP: Vegan Sausages Available	
'ROLL YOUR OWN' CHICKEN FAJITAS	£9.95
Shredded Chicken, Cheddar Cheese, Chilli Tomato Salsa, Chipotle Mayo, and sliced Red Onion served with Tortilla Wraps, Salad & Fries	
INDIAN THALI BOARD	£13.95
Curry of the Day, Pilau Rice, Spiced Falafel Bites, Mini Vegetable Samosa, Mango Chutney, Yoghurt & Mint Raita and Garlic Pickle.	
THE ALL DAY BREAKFAST	£8.25
Prime Smoked Back Bacon; Butcher's Cumberland Sausages; Cranberry & Honey Sausage Bites; Hash Browns; Baked Beans; 2 Fried Eggs, Grilled Tomato & Fried Mushrooms	
ADD: Toast & Butter with Preserves £1.95	

PIZZA

SERVED FROM MID-DAY EVERY DAY



Entirely home made Thin & Crispy Pizzas on our own base, baked in our traditional Brick-lined Italian Pizza Oven. Vegan Cheese is available if required, please ask. Spice It Up: Why not ask for our fiery Portuguese Piri Piri Chilli Oil to add serious heat to your Pizza!

PEPPERONI	£9.95
Mozzarella topped with sliced Pepperoni	
CHISTORRICA PICCANTE	£9.95
Diced spicy Chorizo, Red Onion, Chilli Sambal & Mozzarella.	
MARGHERITA	£8.95
Tomato, Basil & Buffalo Mozzarella	
MUSHROOM & RED ONION	£8.95
Red Onion, Mushrooms & Mozzarella	
FOUR CHEESE	£8.95
Taw Valley Cheddar, Feta, Mozzarella & Parmesan	
THE GREEK	£9.95
Feta Cheese, Red Onion, Oregano & Tomato	
CHEESE, HAM & PINEAPPLE	£9.95
Mozzarella, Cheddar and Pineapple	
CRANBERRY, HONEY & SAUSAGE BITES	£10.50
Sliced Cranberry & Honey Sausage Bites, Sweet Pepper & Onion	

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**CURRY
WEDNESDAYS**

APPETISERS

4 POPPADOMS	£2.50
WITH MANGO CHUTNEY, RAITA TOMATO & ONION SALSA	

TO START

HOME-MADE ROAST TOMATO & MILD CHILLI SOUP	£3.75
A thick soup finished with Plant Cream for a rich but Vegan treat, served with fresh Bread	
TEMPURA KING PRAWNS	£6.25
Sweet Chilli Dip, Salad Garnish	
ONION BHAJI	£4.25
Served with Salad, Mango Chutney & Garlic Pickle	
CRISPY CAULI 'WINGS'	£4.50
Sliced Cauliflower, lightly spiced and deep fried in a light Batter, served with a Sweet Chilli Dip	
CHICKEN TIKKA	£5.50
Tandoori Chicken Breast Tikka with Yoghurt & Mint Raita, home made Flat Bread	

MAIN COURSES - All Served with Pilau Rice

GARLIC TIKKA MASALA	
A mild curry with Coconut & Yoghurt	
CHICKEN £7.50 PRAWN £8.95 VEGETABLE £6.95	
JALFREZI	
Medium hot, thick and flavoursome curry with green chillies	
CHICKEN £7.50 PRAWN £8.95 VEGETABLE £6.95 LAMB £8.75	
MADRAS	
A rich and satisfying curry based on the hot, dry curries of the Chennai region	
CHICKEN £7.50 PRAWN £8.95 VEGETABLE £6.95 LAMB £8.75	

SIDE ORDERS

2 ONION BHAJI	£2.50
HOME MADE PLAIN OR GARLIC NAAN	£2.50

GUEST CURRIES OFTEN ALSO AVAILABLE!

**ALL CURRIES CAN BE MADE SPICIER
IF REQUIRED, PLEASE ASK**