

Lighter Lunch Bites

SERVED FROM MID-DAY TO 4PM MONDAY TO SATURDAY

SANDWICHES

Served on a choice of Granary or White fresh Bread:

TUNA OR EGG MAYO	£5.00
Tuna or Hard Boiled Egg in a blend of Mayonnaise & Salad Cream BLT	£5.50
Grilled Bacon, Tomato, Lettuce & Mayo	
HOME ROASTED HAM	£5.50
Our own roast Gammon Ham. Salad Cream, Mustard, Brown Pickle, Mayo available	
TAW VALLEY CHEDDAR & ROAST HAM	£5.50
Salad Cream, Mustard, Brown Pickle, Mayo available	
CHEESE & ONION	£5.00
Salad Cream, Mustard, Brown Pickle, Mayo available	

JACKET POTATOES

A large, slow baked Potato with Butter and a Side Salad plus a wide choice of toppings available until 4pm Monday to Saturday:

PLAIN BUTTERED	£5.00
TUNA MAYONNAISE	£6.00
TUNA MAYO & CHEDDAR	£6.50
BAKED BEANS	£5.50
CHEDDAR CHEESE	£6.50
CHEDDAR & BAKED BEANS	£7.00
GAMMON HAM & CHEESE	£7.00

TOASTED SOURDOUGH

Served open, on Sourdough Baguette toasted in the Pizza Oven available until 4pm Monday to Saturday:

BRUSHED WITH GARLIC, SEA SALT & ROSEMARY OIL	£3.00
GARLIC, SEA SALT & ROSEMARY OIL WITH CHEESE	£4.25
TUNA MAYO, SLICED ONION, TOPPED WITH CHEDDAR	£6.00
CHEDDAR CHEESE & TOMATO	£5.50
HAM & CHEDDAR CHEESE	£6.00
THE PIZZA BREAD - PEPPERONI, CHEESE & JALAPENOS	£6.50
CHEDDAR, ONION, TOMATO & BACON	£6.00

SIDE ORDERS

SERVED FROM MID-DAY EVERY DAY

HOMEMADE COLESLAW	£3.50
HOMEMADE BATTERED ONION RINGS	£3.75
GARDEN PEAS OR MUSHY PEAS	£2.50
CHIPS OR FRENCH FRIES	£3.75
BUTTERED MASHED POTATO	£3.25
CRISPY SALAD WITH HOUSE DRESSING	£3.50
SWEET POTATO FRIES	£4.50
ROASTED ROOT VEGETABLES	£2.95
HALF SOURDOUGH BAGUETTE	£3.25
With Garlic, Sea Salt & Rosemary	
CHEESY HALF SOURDOUGH BAGUETTE	£4.25
With Cheddar Cheese, Garlic, Sea Salt & Rosemary	

Sunday Lunch

AVAILABLE EVERY SUNDAY FROM MID-DAY TO 8PM

All food required between 12 & 4pm must be ordered by 11.45am

All of our Roasts come with Roast Potatoes, Honey Roast Carrots, a selection of Steamed Vegetables, Peas, a Yorkshire Pudding and as much gravy as you like:

SLOW ROAST LEG OF LAMB	£12.50
With Garlic & Rosemary, Redcurrant Jelly & Mint Sauce	
ROAST BEEF	£12.95
With Horseradish Sauce	
ROAST TURKEY CROWN	£11.25
With Stuffing & Cranberry Sauce	
THREE MEAT ROAST	£14.95
All three meats above, plus all the trimmings, sauces of your choice and two Yorkshire Puddings	
VEGETARIAN ROAST	£10.95
With Redcurrant Jelly	

Add to your roast:

Extra Yorkshire Pudding - 50p | Extra Roast Potatoes £2.95
Honeyed Pigs in Blankets £3.75 | Cauliflower Cheese £3.25
Onion Rings £3.75 | Buttered Mashed Potato £3.25

Desserts

SERVED FROM MID-DAY EVERY DAY

DARK CHOCOLATE FONDANT PUDDING	£6.50
Served with Ice Cream or Cream	
TODAY'S HAND-MADE CHEESECAKE	£6.50
Served with Chantilly Cream	
CHOCOLATE BROWNIE	£6.50
Served with Vanilla Ice Cream	
BAKED CHERRY PIE	£6.95
Served with Custard	
SELECTION OF CHEESES	£7.95
Served with Crackers or Bread, Chutney & Grapes	
MILKSHAKE WITH ICE CREAM	£4.50
STICKY TOFFEE PUDDING	£6.75
Served with Ice Cream or Custard	
BAILEYS CREME BRULEE	£7.25
With a Shortbread Biscuit	

CELEBRATIONS, PARTIES & WAKES

Our flexible dining and entertaining spaces enable us to cater with pleasure for your function. The Barns, Garden Bar and covered dining areas are all available for all types of function for up to 120 guests.

Please ask us for more details or call 01206 322143.



TAKEAWAY MENU

FOOD IS AVAILABLE FOR COLLECTION DURING THE TIME SHOWN IN EACH SECTION

Please call in, or telephone 01206 322143 to Order

Please give as much notice as possible, there may be delays at peak times

PLEASE NOTE:

All orders for food required between 12 & 4pm on any Sunday or bank holiday Monday must be ordered by 11.45am

BAR & RESTAURANT OPENING HOURS

9.30am to 11pm Monday to Saturday
9.30am to 10pm Sunday

Food served all day to 8pm Sunday to Tuesday & until 9pm on Wednesday to Saturday

TAKEAWAY FOOD AVAILABLE ALL DAY

UNTIL 8PM SUNDAY TO TUESDAY
AND UNTIL 9PM WEDNESDAY TO SATURDAY

Many of our dishes can be made Gluten Free on request
Please see our notes overleaf for those with food allergies

IMPORTANT ALLERGY NOTICE

All of our dishes and products may contain traces of nuts, gluten, caffeine, mustard, shellfish, dairy products and other potential allergens due to the shared preparation and cooking spaces in our kitchen. Should you suffer from any potential reaction or allergy please check with your server before ordering. We have a wide range of meals suitable for those following a gluten free diet, but these dishes may still contain very small traces of gluten due to shared preparation and cooking spaces.

Nibbles or Sides

MIXED OLIVES 🌿🌿	£2.95
ROAST CHILLI & PAPRIKA CHISTORRICAS	£3.75
Seasoned and roasted bites of Chorizo with a little kick of chilli	
HOUMMUS & FOCACCIA 🌿🌿	£4.25
Home Baked crusty Bread with a Houmous Dip	
MELTED CHEESE NACHOS 🌿🌿	£4.95
With Chilli Tomato Salsa	
TODAY'S FRESH BREAD 🌿🌿	£4.50
Our home baked breads with aged Balsamic Vinegar & Olive Oil	

To Start

TAKEAWAY CUP OF HOMEMADE SOUP 🌿🌿	£3.75
Freshly made soup of the day, or Roasted Tomato & Basil Soup, finished with a swirl of Plant Cream	
ANCHOR FRIED CHICKEN	£5.95
Buttermilk-marinated Chicken Breast strips with a Chilli BBQ Salsa, Chipotle Mayo & Salad Garnish	
SOUTHERN FRIED SHRIMP	£6.25
Shrimp in a spiced crumb served with our own BBQ Relish	
MUSHROOM BRUSCHETTA 🌿🌿	£4.95
Fried Mushrooms in a Creamy Sauce on Bread toasted with Garlic Oil	
KING PRAWN & PROSCIUTTO COCKTAIL	£6.95
King Prawns in our lightly spiced Cocktail Sauce topped with crispy Prosciutto and served with toasted Focaccia	
BAKED MINI CAMEMBERT	£6.50
Served toasted Focaccia and a Chilli, Garlic & Onion Tomato Dip	
DUCK & HOI SIN SPRING ROLLS	£5.95
Confit Duck & Hoi Sin Sauce in a home made Spring Roll	
CRISPY CAULIFLOWER 'WINGS' 🌿	£5.25
With a Sweet Chilli Dip	

House Favourites

CREAMED TAGLIATELLE CARBONARA	£11.25
Mushroom & Ham in a rich Creamy Sauce. Served with Garlic Sourdough ALTER: Available as Vegan without Ham 🌿🌿	
HAM & CHEESE PLOUGHMANS	£10.25
Home-made Sausage Roll, Roast Gammon Ham, Cheddar Cheese, Grapes, Chutneys, Fresh Bread	
ROAST BREAST OF CHICKEN WITH PROSCIUTTO	£13.50
A soft Cheese & Garlic stuffed Breast of Chicken, wrapped in Prosciutto served with Dauphinoise Potato, Roasted Roots, Seasonal Veg and a Light Jus	
CHARGRILLED GAMMON STEAK	£13.50
Fresh Gammon Steak, approx 8oz uncooked weight, served with Brandied Black Cherries, Onion Rings, Peas, Grilled Beef Tomato & Chips	
MARINADED TENDERLOIN OF PORK STIR-FRY	£11.95
Fillet of Pork with Soy, Ginger, Chilli and Garlic wok-fried with Vegetables & Noodles	
SAUSAGES & MASH	£10.25
Butcher's Sausages, Creamed Mash, Onion Rings, Peas, Roasted Root Veg & Caramelised Onion Gravy ALTER: Available with Vegan Sausages 🌿🌿	
ALL DAY BRUNCH	£9.75
Prime Smoked Back Bacon; Butcher's Cumberland Sausages; Baked Beans; 2 Fried Eggs, Grilled Tomato, Fried Mushrooms & Onions, Chips	
NOT A CHICKEN BURGER 🌿🌿	£11.95
A chargrilled Southern-fried Plant Burger served in a Toasted Bun with Cheddar and our special lightly-spiced BBQ Burger Sauce. French Fries, Onion Rings & Coleslaw	
CHARGRILLED 28-DAY AGED SIRLOIN STEAK	£19.95
Dry Aged Sirloin, approx 200g uncooked weight, served with Onion Rings, Peas, Grilled Beef Tomato & Chips, Beef Bouillon Jus ADD - Peppercorn Sauce +£2.95 Garlic & Herb Butter +£1.95	
THE NEW ANCHOR BURGER	£13.25
Hand-pressed 100% Steak Mince Beef Burger, chargrilled and served in a toasted Bun with Cheddar, Bacon, fried Onions and our special lightly-spiced BBQ Burger Sauce. French Fries, Onion Rings & Coleslaw plus a dipping pot of our special Beef Bouillon Jus ADD: An extra Burger Patty £6	

From the Sea

HERB-CRUSTED FILLET OF HAKE	£15.95
Baked Hake served with Buttered New Potatoes, Roasted Roots, Peas and a Capers & Prawn Butter	
BATTERED CATCH OF THE DAY	£16.50
Sustainable, fresh fish cooked 'Chip Shop' style in our own special batter. Served with Chips and Peas or Mushy Peas.	
BATTERED CATCH OF THE DAY GOUJONS	£12.95
A smaller portion of the Catch of the Day cooked in our own special batter. Served with Chips and Peas or Mushy Peas.	
BREADCRUMBED SCAMPI TAILS	£15.95
Wholetail Scampi served with Home-made Tartare Sauce and Chips, Peas or Mushy Peas	

Pizza

Entirely home made Thin & Crispy Pizzas on our own base, baked in our traditional Brick-lined Italian Pizza Oven. Vegan Cheese is available if required, please ask. Spice It Up: Why not ask for our fiery Portuguese Piri Piri Chilli Oil to add serious heat to your Pizza!

PEPPERONI	£10.25
CHISTORRICA PICCANTE 🌶️🌶️🌶️	£10.25
RED ONION, CHILLI SAMBAL	
MARGHERITA WITH BUFFALO MOZZARELLA 🌿🌿	£10.25
VEGGIE SUPREME 🌿🌿	£9.25
FOUR CHEESE 🌿	£9.75
THE MEXICAN WITH FAJITA CHICKEN & PEPPERS 🌶️	£9.95
BBQ CHICKEN & GOAT'S CHEESE	£10.25
MEAT FEAST - CHICKEN, PEPPERONI & CHORIZO	£10.25