

# GLUTEN FREE MENU

# **STARTERS**

Mixed Marinated Olives £3.95

Bread with Balsamic and Olive Oil £4.50

*Chistorricas* £4.95 Roasted and seasoned chorizo and chilli

*Loaded Fries* £5.50 Fries topped with Cheese sauce, Bacon and spring onion

Homemade Soup of the Day (V) £5.50 Gluten free bread

> **Teriyaki Pork Bites** £7.95 With jalapeno slaw

Anchor Fried Chicken £7.95 Buttermilk Fried chicken strips, Chipotle mayo, Chilli BBQ salsa and Salad Garnish

#### PIZZA

All served on gluten free bases Chistorricas Picante £12.95 Diced chorizo, red onion, chilli, and mozzarella

*The Mexican"* 12.50 *Cajun chicken, onions, and peppers* 

Pepperoni £12.95

*Margarita* £10.95 Tomato, basil and mozzarella

**Four Cheese** £11.50 Taw valley cheddar, Goats cheese, mozzarella & parmesan

> *Veggie Supreme* £11.50 *Mushrooms, Onions, and peppers*

## MAIN COURSES

Marsala Chicken £17.95 Pan Fried slices of chicken in a Marsala Sauce, French Fries, and a rocket Salad

**Traditional Fish & Chips** £16.95 Cooked in gluten free beer batter with chips & garden peas.

> **200gm Sirloin Steak** £23.95 Chips, grilled tomato, and peas

*Sweet Potato and Squash Casserole* £15.95 *Slow cooked vegetables in a rich gravy, served with Mash and roasted roots.* 

All Day Brunch £11.95 Bacon, Sausages, chips, baked beans, fried eggs grilled tomato, fried mushrooms and onions.

Sausage and mash £12.95 Butchers' sausages, Creamy mash, roasted veg, peas and caramelized onion gravy.

*Ham And Cheese Ploughman's* £13.95 *Ham, Cheese, Grapes, Chutney, Gluten free Bread* 

*The Anchor beef burger* £16.95 100% hand pressed Beef Burger, Chargrilled in a toasted bun, Lettuce, tomato, Burger sauce, with bacon and cheese, and Fries.

Ham, eggs, and Chips £14.95

Our own ham, two fried eggs, chips, and salad

## SIDE DISHES

Side Salad £3.50 Chips Or Fries £3.95 Coleslaw £3.50 Garden Peas or Mushy Peas £2.95 Sweet Potato Fries £4.50



#### SANDWICHES Available 12-4pm

Ham £7.50

Cheddar & Onion £6.50

Cheddar & Ham £7.95

**BLT** £7.50

Smoked Salmon £8.50

## **JACKET POTATOES**

Baked Beans £6.95

Ham and Cheese £8.50

Ham £8.50

**Cheese** £7.50

#### DESSERTS

*Cheese & Biscuits* £7.50 Served with gluten free biscuits

**Chocolate Brownie** £6.50 Vanilla ice-cream

Selection of Luxury Ice Creams (3 scoops) £5.95 Ask for Flavours

> Sticky Toffee Pudding £6.75 Served with Custard

