

WELCOME TO THE ANCHOR

DISHES ON THIS MENU ARE AVAILABLE FROM MID-DAY UNTIL 8PM SUNDAY TO TUESDAY & UNTIL 9PM WEDNESDAY TO SATURDAY - UNLESS OTHERWISE STATED
Dishes marked  are suitable for a vegetarian diet. Dishes marked  are suitable for a vegan diet. Dishes with  can be adapted for healthier diets, usually without the sauce, please ask!
We can offer gluten free and dairy free menus on request. Please note that due to shared preparation and cooking areas in our kitchen we can't guarantee that any dish will be completely free of all traces of gluten. We also have a children's menu & activity sheet for our smaller guests dining with their parents.

BREAKFAST

SERVED FROM 9.30AM TO 11.30AM EVERY DAY

SELECTION OF MINI PASTRIES	£1.50	PORTUGUESE EGGS	£9.50	SMASHED AVOCADO ON TOAST	£8.95
THE ANCHOR BREAKFAST	£12.95	Mashed Avocado, Poached Eggs, Chorizo Crumbs & Chilli Flakes on Sourdough or Granary Toast		With Sun-blushed Tomato	
2 Rashers of Prime Smoked Back Bacon, 2 Butcher's Sausages, Hash Browns, Baked Beans, Tomato, Mushrooms & 2 Fried, Poached or Scrambled Eggs. 2 Slices Toast & Butter ADD: Black Pudding £1.50		BLT	£9.25	RAISIN & ALMOND GRANOLA	£5.95
THE LIGHTER ANCHOR BREAKFAST	£10.95	Bacon, Lettuce, Tomato & Mayonnaise Sandwich		With fresh Blueberries, a splash of Greek-style Yoghurt & Milk Special Milk Options  (Oat,Almond) +50p	
A Rasher of Prime Smoked Back Bacon, a Butcher's Cumberland Sausage, a Hash Brown, Baked Beans, Grilled Tomato, Mushrooms & a Fried, Poached or Scrambled Egg. A slice of Toast & Butter		BLAT	£10.95	3 RASHER BACON or 2 SAUSAGE SWICH	£7.50
VEGETARIAN BREAKFAST	£10.50	Bacon, Lettuce, Avocado, Tomato & Mayonnaise on Toasted Sourdough		Add Fried Egg for £1 extra	
Vegetarian Sausages, Hash Browns, Baked Beans, Grilled Tomato & Mushrooms, Poached, fried or scrambled Eggs, 2 Slices Toast & Butter		EGGS BENEDICT	£9.50	2 RASHER OF BACON ROLL	£5.50
PORRIDGE OR GREEK-STYLE YOGHURT	£4.95	Two Poached Eggs, Hollandaise Sauce and our own Roast Gammon Ham served on a Toasted Muffin or Sourdough Bread		Add Fried Egg for £1 extra	
With Blueberries & Honey		EGGS ROYALE	£10.95	SAUSAGE BRIOCHE ROLL	£5.50
BAKED BEANS ON TOAST	£5.75	Two Poached Eggs, Hollandaise Sauce and Smoked Salmon served on a Toasted Muffin or Sourdough Bread		Add Fried Egg for £1 extra	
TOasted TEA CAKE & BUTTER	£3.95	SMOKED SALMON & POACHED EGGS	£10.95	FRESHLY MADE TOAST & BUTTER	£2.95
		Served with freshly Toasted Bread		Two Slices of Toasted Bread with Nut & Chocolate Spread, Jam or Marmalade	
		SMOKED SALMON, BACON & EGGS	£12.50	AMERICAN-STYLE PANCAKES	£8.50
		Served with Poached Eggs, Toasted Bread, Hollandaise Sauce		Served with Bacon & Fried Egg	
				SCRAMBLED EGGS & BACON ON TOAST	£8.50
				EGGS ON TOAST Poached, Fried or Scrambled	£5.95

NIBBLES

MIXED OLIVES	£4.25
CHILLI ROAST PEANUTS	£3.25
MAC 'N' CHEESE BITES, CHILLI MAYO	£5.25
HALLOUMI FRIES	£5.95
SAUSAGE ROLL SLICES & PICKLE	£4.95
TODAY'S FRESH BREAD	£5.25
Our home baked breads with Aged Balsamic Vinegar & Virgin Olive Oil	
HUMMUS & FOCACCIA	£5.95
Home Baked crusty Bread with a Hummus Dip	
DIRTY FRIES	£6.50
Chorizo Crumb, Spring Onion, Melted Cheese, Nacho-style Cheese Sauce	

STARTERS

HOMEMADE SOUP	£7.50
Freshly made Soup of the Day	
BUTTERFLY KING PRAWNS	£9.95
in crisp Crumbs, with Garlic & Lemon Aioli & home-made Bread	
ANCHOR FRIED CHICKEN	£8.95
Buttermilk-marinated crispy-coated Chicken Breast strips with a Chilli BBQ Salsa, Sriracha Mayo & Salad Garnish	
HOI SIN DUCK CRACKERS	£9.50
Shredded Roast Duck in Hoi Sin on Prawn Crackers with a sprinkle of mixed Salad Leaves & Hoi Sin Drizzle	
BAKED CAMEMBERT	£9.50
with Rosemary, Garlic & Red Pesto, freshly baked Garlic Dough Balls	

ANCHOR FISH CAKES	£9.95
Simply made with seasoned fresh Fish with gentle flavours of Herbs & a little Egg & Flour to bind. No other ingredients or fillers. Served with Tartare Sauce and crispy Spring Onion	
ASIAN MEZZE PLATTER	£10.95 / Sharer £19.95
Hoi Sin Duck Cracker, Butterfly King Prawn, Steamed Duck Gyoza, Spring Roll, Pickled Cucumber & Red Onion	
BAKED KING SCALLOPS	£16.95
On half shell with Chorizo Cream and a Lemon & Herb Crumb	
GARLIC MUSHROOMS	£8.50
Sautéed Button Mushrooms with Tarragon & Home-baked Herbed Dough Balls - Vegan variation available	

HOUSE FAVOURITES

SWEET POTATO & CHICK PEA KERALAN CURRY	£18.95
A mild, hearty south Indian Curry thickened with Tamarind and Coconut, Onion Bhaji Traybake, Pickled Cucumber, Mango Chutney, Pickled Chilli with Onion & Tomato Concasse and our Special Rice	
GRILLED GAMMON STEAK	£16.95
Served with a Fried Free Range Egg, Chips or Fries, Caramelised Pineapple and & Mild Chilli Salsa	
RIBS & CHICKEN	£19.50
Anchor Fried Chicken and slow roast Mexican BBQ Half Rack of Ribs with Buttered Corn, Jalapeno Red Slaw & French Fries	
HAM, EGG & CHIPS	£16.95
Roast Gammon Ham, Ham & Cheese Croquette, Chunky Chips & 2 Fried Eggs	
ALL DAY BRUNCH	£16.95
Prime Smoked Back Bacon; Butcher's Cumberland Sausages; Baked Beans; 2 Fried Eggs, Grilled Tomato, Fried Mushrooms & Onions, Ham & Cheese Croquette, Chips	
WILD GARLIC, MUSHROOM, PARMESAN & TRUFFLE PAPPARDELLE PASTA	£16.95
Plant-creamed Pasta with Grilled Halloumi, Rocket Salad & Garlic Dough Balls	

SLOW ROAST BEEF SHIN & MUSHROOM PIE	£19.50
Chunks of Slow Roast Beef and rich Gravy in a proper Puff Pastry-topped Shortcrust Pie, Creamy Mashed Potato, Garden Peas & Roasted Vegetables	
AUTUMN SUNSHINE SALAD	£15.95
Marinated Roast Carrot, Oven-blushed Tomato, Sun-dried Tomato, Onion, Cucumber, Mixed Leaves & Garlic Sourdough sprinkled with Oregano	
ADD: Tuna Mayonnaise £4 Grilled Halloumi 'Fries' £5	
SAUSAGE & MASH	£16.95
Butcher's Sausages, Creamed Mash, Onion Rings, Garden Peas, Roasted Root Veg & Caramelised Onion Gravy	
ALTER: Available with Vegan Sausages	
THE CURRY BOARD	£19.95
Two authentic Curries served Thali-style with Onion Bhaji Traybake, Pickled Cucumber, Mango Chutney, Diced Pickled Chilli with Onion & Tomato, a Poppadom & our Special Rice	
STUFFED BREAST OF CHICKEN	£18.95
Oven roast Chicken breast fillet wrapped in Prosciutto Crudo filled with Ricotta and Sunblushed Tomato, served with a White Wine Jus, a Ham & Cheese Croquette and Seasonal Vegetables, Roast New Potatoes.	

FROM THE SEA

Our fish is delivered fresh daily, never frozen & is therefore subject to availability of catch.

BATTERED CATCH OF THE DAY	£19.50
Sustainable, fresh 'Chip Shop' style white fish in our own special batter. Served with Chips & Peas or Mushy Peas. ADD: Fresh Bread & Butter £1.50 'Chip Shop' Curry Sauce £1.50	
BREADCRUMBED SCAMPI TAILS	£18.50
Wholetail Scampi served with Home-made Tartare Sauce and Chips, Peas or Mushy Peas	

BATTERED FISH GOJONS	£15.95
Goujons of fresh 'catch of the day' fish cooked in our own special batter. Served with Chips & Peas or Mushy Peas. ADD: Fresh Bread & Butter £1.50 'Chip Shop' Curry Sauce £1.50	

MIXED FISH GRILL & FRY	£26.95
Fish Goujons, Scampi, Whitebait, Butterfly King Prawns & a Fish Cake served with Peas, a White Wine, Lemon & Tarragon Sauce, Tartare Sauce and rustic Potatoes with a Chorizo Crumb	
ROAST FILLET OF SEA BASS	£22.95
Fresh Sea Bass in a lightly Creamed White Wine, Lemon & Tarragon Sauce with seasoned Ribbon Vegetables, and rustic Potatoes with a Chorizo Crumb	
SALMON PAPPARDELLE	£19.95
Plant-creamed Wild Garlic, Mushroom, Parmesan & Truffle Pasta with flaked Fillet of Salmon, Rocket Salad & Garlic Dough Balls	
BAKED KING SCALLOPS	£24.95
On half shell with Chorizo Cream and a Lemon & Herb Crumb, served with Rocket & rustic Potatoes	

PIZZA

Thin & Crispy Pizzas on a homemade base, baked in our Brick-lined Italian Pizza Oven. Vegan Cheese is available if required, please ask. Spice It Up: Ask for our fiery Portuguese Piri Piri Chilli Oil to add serious heat to your Pizza!

HOT HONEY WITH PEPPERONI & JALAPENO	£14.95	MARGHERITA WITH BUFFALO MOZZARELLA	£12.95	VEGGIE SUPREME	£13.50
HOI SIN DUCK, SPRING ONION, ROCKET	£14.95	MEAT FEAST - CHICKEN, PEPPERONI & CHORIZO	£15.75	HAM & PINEAPPLE	£14.95
THE CALZONE (FOLDED)	£15.50	POLLO AMATRICIANA	£14.95	ALL DAY BREAKFAST BBQ	£14.95
PEPPERONI, CHORIZO, BUFFALO MOZZARELLA, FRIED ONION & PARMESAN		BUFFALO MOZZARELLA, SPINACH, RED ONION & CHILLI		SAUSAGE, BACON & PEPPERONI	

STEAKHOUSE, SUNDAYS & SIDE ORDERS

...please see overleaf for a great selection of Steaks, Burgers, Sunday Roasts & Sides

THE ANCHOR STEAKHOUSE

Welcome to the home of really great steak, plus, with our new BBQ Sides, you can get a real taste of Summer. all year round! We only use 28 day aged Steaks from the British Isles, with the meat aged for at least 7 days on the bone before heading to the dry ageing cabinet.



THERE'S NO SHORTCUT TO GREAT STEAK!

Please be aware that some cuts of steak, especially T-bone or cooking to Medium-Well or further, take a while to cook - please let us know if you're in a hurry...

CHOOSE YOUR STEAK

RUMP 8oz £18.95
...recommended Medium Rare
T-BONE 21oz £34.95
...recommended Medium Rare

SIRLOIN 8oz £24.95
...recommended Medium Rare
FILLET 8oz £36.95
...recommended Rare

RIB-EYE 8oz £26.95
...recommended Medium

CHOOSE YOUR ACCOMPAIMENT -

EITHER: CHIPS OR FRENCH FRIES, GRILLED TOMATO, GARLIC MUSHROOMS, GARDEN PEAS & ONION RINGS
OR: GO BBQ WITH OUR SPECIAL RICE, BUTTERED CORN, JALAPENO RED SLAW AND ONION RINGS

CHOOSE A SAUCE IF REQUIRED - £3 each:

Bearnaise | Peppercorn | Garlic & Herb Butter | Beef Bouillon Jus | Chipotle Mayo | Horseradish

Add a little extra to your Steak...

ADD - BUTTERFLY KING PRAWNS £6
ADD - HALF RACK OF BBQ RIBS £6
ADD - HOUSE SIDE SALAD £3.75
ADD - GARLIC DOUGH BALLS or GARLIC SOURDOUGH £3.95
SWITCH TO SWEET POTATO FRIES £1
SWITCH TO PARMESAN FRIES £1

HOW DO YOU LIKE YOUR STEAK?

Everyone has their own idea of how they like their steak and of course every piece of meat is different, requiring an expert touch to understand how the inside is doing by experience and intuition. To help us to get it right for you, this is how we interpret the degrees of grilling...

Blue: Lightly seared on the outside, red throughout - not for everyone!

Rare: A thin cooked layer on the outside of the Steak, then a hint of pink but mostly red.

Medium Rare: The cooked, pink & red layers are almost equal

Medium: The cooked and pink layers are equal, very little if any red

Medium Well: The cooked meat is now at least 75% of the Steak, only hint of pink

Well Done: Cooked throughout, no red or pink

ANCHOR BURGERS

Our 'smash' Beef Burgers are all hand-pressed by us from 100% Steak Mince with our special seasoning. Served in a Toasted Bun with Fries, Onion Rings & Red Jalapeno Slaw

THE FULL STACK £19.50

A home-made Beef Burger, with Cheddar, Bacon, Fried Onions, our special BBQ Burger Sauce, Beef Bouillon Jus

THE HALLOUMI STACK £16.75

Our own marinaded Halloumi & Sweep Pepper Stack with Cheddar, Fried Onions & our secret recipe BBQ Burger Sauce

THE LOADED HOT £18.75

A home made Beef Burger, pickled Jalapenos, Cheddar, grilled Halloumi, secret BBQ Sauce, Sriracha, sliced Tomato & Gherkin

THE CHEESEBURGER £15.75

A home-made Beef Burger, Cheddar, Fried Onions, our special BBQ Burger Sauce.

THE DUCKBURGER £18.75

Pulled Roast Hoi Sin Duck, Shredded Spring Onion and Cucumber Slices. Spring Roll.

THE BIG CLUCKER £18.75

Southern Fried Chicken, Cheddar, Fried Onions, Mayo & our special BBQ Burger Sauce.

SIDE ORDERS

...add a little extra

RED JALAPENO SLAW £3.75
GARDEN PEAS OR MUSHY PEAS £3.25
TODAY'S FRESH BREAD £5.25
Our home baked breads with Aged Balsamic Vinegar & Virgin Olive Oil
DIRTY FRIES £6.50
Chorizo Crumb, Spring Onion, Melted Cheese, Cheese Sauce
'CHIP SHOP' CURRY SAUCE £1.50

HOUSE DRESSED SALAD £3.75
BATTERED ONION RINGS £4.25
GARLIC SOURDOUGH BAGUETTE
SINGLE £3.95 TO SHARE: £5.50
CHEESY SOURDOUGH BAGUETTE
SINGLE: £4.95 TO SHARE: £6.50
GARLIC DOUGH BALLS £3.95
SPECIAL RICE £3.95

HALLOUMI FRIES £5.95
SAUSAGE ROLL SLICES & PICKLE £4.95
MAC N CHEESE BITES, CHILLI MAYO £5.25
SWEET POTATO FRIES £4.95
CHIPS OR FRENCH FRIES £3.95
PARMESAN FRIES £4.95
BUTTERED SWEETCORN £3.25
HAM & CHEESE CROQUETTES £4.95

IMPORTANT ALLERGY NOTICE

All of our dishes and products may contain traces of nuts, gluten, caffeine, mustard, shellfish, dairy products and other potential allergens due to the shared preparation and cooking spaces in our kitchen.

Should you suffer from any potential reaction or allergy please check with your server before ordering. We have a wide range of meals suitable for those following a gluten free diet, but these dishes may still contain very small traces of gluten due to shared preparation and cooking spaces.

THE SUNDAY ROAST...

AVAILABLE FROM MID-DAY EVERY SUNDAY

TRADITIONAL ROASTS

Our Roasts come with Roast Potatoes, Honey Roast Root Vegetables, a selection of Steamed Vegetables, Peas, a Yorkshire Pudding and as much gravy as you like. A small plate roast is aimed at those with a smaller appetite and is roughly a half portion of the usual roast.

ROSEMARY ROAST LEG OF LAMB	FULL £20.95	SMALL PLATE £13.95
Redcurrant Jelly & Mint Sauce on request		
28 DAY AGED ROAST BEEF	£20.95	£13.95
Horseradish Sauce or Mustard available on request		
ROAST TURKEY CROWN	£19.95	£13.50
With Stuffing. Cranberry Sauce available on request		
THREE MEAT SUPER ROAST	£23.50	
All three meats above, plus all the trimmings, sauces of your choice and two Yorkshire Puddings		
VEGETARIAN ROAST	£19.50	£13.50
A full range of Sauces are available on request.		

Add a little extra to your roast...

Extra Yorkshire Pudding 95p
Chips or French Fries £3.95
Extra Roast Potatoes £3.50
Honeyed Pigs in Blankets £4.75
Cauliflower Cheese £3.95
Onion Rings £4.50
Garden or Mushy Peas £2.95
Ham & Cheese Croquettes £4.95

ROAST MEAT SANDWICHES

On a choice of white or brown Bread

WARM ROAST LEG OF LAMB £10.95
Sandwich with Redcurrant Jelly

WARM ROAST 28 DAY BEEF £10.95
Sandwich with Horseradish Sauce or English Mustard

ROAST TURKEY CROWN £9.95
Sandwich with Stuffing & Cranberry Sauce

Check out our cocktail, wine & liquid refreshment list!
Over 40 beers & ciders, including 15 draught,
Over 40 wines, including 12 English - Over 40 beers & ciders, including 15 draught,
Over 50 hot and cold soft drinks including matcha and bubble teas!