WELCOME TO THE ANCHOR



DISHES ON THIS MENU ARE AVAILABLE FROM MID-DAY UNTIL 8PM SUNDAY TO TUESDAY & UNTIL 9PM WEDNESDAY TO SATURDAY - UNLESS OTHERWISE STATED

Dishes marked of are suitable for a vegetarian diet. Dishes marked of are suitable for a vegan diet We can offer gluten free and dairy free menus on request. Please note that due to shared preparation and cooking areas in our kitchen we can't guarantee that any dish will be completely free of all traces of gluten. We also have a children's menu & activity sheet for our smaller guests dining with their parents.

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SERVED FROM 9.30AM TO 11.30AM EVERY DAY

SELECTION OF MINI PASTRIES £1.50

THE ANCHOR BREAKFAST

2 Rashers of Prime Smoked Back Bacon, 2 Butcher's Sausages, Hash Browns, Baked Beans, Tomato, Mushrooms & 2 Fried, Poached or Scrambled Eggs. 2 Slices Toast & Butter ADD: Black Pudding £1.50

THE LIGHTER ANCHOR BREAKFAST £10.95

Sausage, a Hash Brown, Baked Beans, Grilled Tomato, Mushrooms & a Fried, Poached or Scrambled Egg. A slice of Toast & Butter

VEGETARIAN BREAKFAST

Vegetarian Sausages, Hash Browns, Baked Beans, Grilled Tomato & Mushrooms, Poached, fried or scrambled Eggs, 2 Slices Toast & Butter

PORRIDGE OR GREEK-STYLE YOGHURT

With Blueberries & Honey

BAKED BEANS ON TOAST £5.95 **PORTUGUESE EGGS**

£9.50 Mashed Avocado, Poached Eggs, Chorizo Crumbs & Chilli Flakes on Sourdough or Granary Toast

£9.25

Bacon, Lettuce, Tomato & Mayonnaise Sandwich

£10.95

Bacon, Lettuce, Avocado, Tomato & Mayonnaise on Toasted Sourdough

£12.95

£10.50

£4.95

EGGS BENEDICT

£9.50 A Rasher of Prime Smoked Back Bacon, a Butcher's Cumberland Two Poached Eggs, Hollandaise Sauce and our own Roast Gammon Ham served on a Toasted Muffin or Sourdough Bread

Two Poached Eggs, Hollandaise Sauce and Smoked Salmon served on a Toasted Muffin or Sourdough Bread

SMOKED SALMON & POACHED EGGS £10.95

Served with freshly Toasted Bread

SMOKED SALMON, BACON & EGGS £12.50 Served with Poached Eggs, Toasted Bread, Hollandaise Sauce

TOASTED TEA CAKE & BUTTER £3.95

SMASHED AVOCADO ON TOAST # £8.95 With Sun-blushed Tomato

RAISIN & ALMOND GRANOLA. £5.95

With fresh Blueberries, a splash of Greek-style Yoghurt & Milk Special Milk Options (Oat, Almond) +50p

3 RASHER BACON or 2 SAUSAGE S/WICH £7.50

Add Fried Egg for £1 extra

2 RASHER OF BACON ROLL £5.50 Add Fried Egg for £1 extra

SAUSAGE BRIOCHE ROLL

£5.50 Add Fried Egg for £1 extra

FRESHLY MADE TOAST & BUTTER # £2.95 Two Slices of Toasted Bread with Nut & Chocolate Spread, Jam or Marmalade

AMERICAN-STYLE PANCAKES £8.50

Served with Bacon & Fried Egg

SCRAMBLED EGGS & BACON ON TOAST £8.50

EGGS ON TOAST Poached, Fried or Scrambled £5.75

NIBBLES

MIXED OLIVES £4.25

CHILLI ROAST PEANUTS £3.25

MAC 'N' CHEESE BITES, CHILLI MAYO £5.25

HALLOUMI FRIES £5.95

SAUSAGE ROLL SLICES & PICKLE £4.95

TODAY'S FRESH BREAD 🥒

Our home baked breads with Aged Balsamic Vinegar & Virgin Olive Oil

HUMMUS & FOCACCIA

Home Baked crusty Bread with a Hummus Dip

STARTERS

HOMEMADE SOUP

Freshly made Soup of the Day

LIGHTLY FRIED WHITEBAIT £9.25

with fresh Garlic & Lemon Aioli and home-made Bread

MEZZE PLATTER for One £9.95 Sharer £17.95

Baba Ganoush, Red Pepper Hummous, Vegan Taztziki, Falafel, Flatbread, Olives, Pickled Chilli, Cucumber & Red Onion

HOI SIN DUCK CRACKERS

Shredded Roast Duck in Hoi Sin on Prawn Crackers with a sprinkle of mixed Salad Leaves & Hoi Sin Drizzle

with Rosemary, Garlic & Red Pesto, freshly baked Bread

BAKED CAMEMBERT

£6.95

£9.50

£9.50

THAI FISH CAKES

with gentle flavours of Thai Red Curry and some shredded Green Beans. Served with Sweet Chilli Sauce

Authentic Thai fishcakes, these are simply made of seasoned Fish

£9.95

ANCHOR FRIED CHICKEN £8.95 Buttermilk-marinaded crispy-coated Chicken Breast strips with a

Chilli BBQ Salsa, Sriracha Mayo & Salad Garnish

ROAST CHORIZO & KING PRAWNS £11.95 In a Garlic & Tomato Dipping Sauce with fresh baked Bread

GARLIC MUSHROOMS . Sautéed Button Mushrooms with Tarragon & Home-baked Bread

Add a little extra to your Steak...

ADD - THE FULL BBQ! - HALF RACK OF BBQ RIBS £6

ADD - SPANISH SURF - CHORIZO & PRAWNS £6

Roll - Vegan variation available

THE ANCHOR STEAKHOUSE

Welcome to the home of really great steak, plus, with our new BBQ Sides, you can get a real taste of Summer. We only use 30 day aged Steaks from the British Isles, with the meat aged for at least 7 days on the bone before heading to the dry ageing cabinet.

THERE'S NO SHORTCUT TO GREAT STEAK!

Please be aware that some cuts of steak, especially T-bone or cooking to Medium-Well or further, take a while to cook - please let us know if you're in a hurry...

CHOOSE YOUR STEAK

PICANHA RUMP 70z £17.50 ...recommended Medium Rare

SIRLOIN 8oz £23.95

...recommended Medium Rare

RIB-EYE 8oz £25.95

T-BONE 21oz £32.95

...recommended Medium Rare

FILLET 6oz £29.95 ...recommended Rare ...recommended Medium

CHOOSE YOUR ACCOMPANIMENT -

EITHER: CHIPS OR FRENCH FRIES, TOMATO, MUSHROOM, GARDEN PEAS & ONION RINGS OR: GO BBQ WITH OUR SPECIAL RICE, BUTTERED CORN, JALAPENO RED SLAW AND ONION RINGS

CHOOSE A SAUCE IF REQUIRED - £3 each:

Bearnaise | Peppercorn | Garlic & Herb Butter | Beef Bouillon Jus | Chipotle Mayo | Horseradish

HOW DO YOU LIKE YOUR STEAK?

Everyone has their own idea of how they like their steak and of course every piece of meat is different, requiring an expert touch to understand how the inside is doing by experience and intuition. To help us to get it right for you, this is how we interpret the degrees of grilling...

Blue: Lightly seared on the outside, red throughout - not for everyone!

Rare: A thin cooked layer on the outside of the Steak, then a hint of pink but mostly red.

Medium Rare: The cooked, pink & red layers are almost equal

Medium: The cooked and pink layers are equal, very little if any red

Medium Well: The cooked meat is now at least 75% of the Steak, with a only hint of pink Well Done: Cooked throughout, no red or pink

ADD - HOUSE SIDE SALAD £3.75

ADD - GARLIC SOURDOUGH £4.95

SWITCH TO SWEET POTATO FRIES £1

SWITCH TO PARMESAN FRIES £1

ANCHOR BURGERS

Our Beef Burgers are all hand-pressed by us, made from 100% Steak Mince with our special seasoning and served in a Toasted Bun with Fries or Cajun Rice, Onion Rings & Red Jalapeno Slaw.

THE FULL STACK £19.50

with Cheddar, Bacon, Fried Onions, our special BBQ Burger Sauce, Beef Bouillon Jus

THE CHEESEBURGER £15.75

Cheddar, Fried Onions, our special BBQ Burger Sauce.

THE HALLOUMI STACK £16.75

THE BIG CLUCKER £18.75

Southern Fried Chicken, Cheddar, Fried Onions, Mayo & our special BBQ Burger Sauce.

Our own marinaded Halloumi & Sweep Pepper Stack with Cheddar, Fried Onions & our special BBQ Burger Sauce

HOUSE FAVOURITES

VEGETABLE & BEAN CHILLI NON CARNE Made with high protein Plant-based Vegan Mince and served with Tortilla Chips, Buttered Corn,

£17.95

£16.95

SLOW ROAST BEEF PIE Chunks of Slow Roast Steak in a rich Gravy with a Puff Pastry Lid, Mashed Potato, Garden Peas &

Guacamole and our Special Rice **GRILLED GAMMON STEAK**

£16.95

Served with a Fried Free Range Egg, Chips or Fries & Pineapple Salsa

RIBS & CHICKEN £19.50

Anchor Fried Chicken and slow roast BBQ Half Rack of Ribs with Buttered Corn, Jalapeno Red Slaw & French Fries

HAM, EGG & CHIPS Roast Gammon Ham, Chunky Chips & 2 Fried Eggs

£14.95

Prime Smoked Back Bacon; Butcher's Cumberland Sausages; Baked Beans; 2 Fried Eggs, Grilled Tomato, Fried Mushrooms & Onions, Chips

Roasted Vegetables

AUTUMN SUNSHINE SALAD

Marinated Roast Carrot, Oven-blushed Tomato, Sun-dried Tomato, Onion, Cucumber, Mixed Leaves & Garlic Sourdough sprinkled with Oregano

ADD: Tuna Mayonnaise £4 Grilled Halloumi 'Fries' £5

SAUSAGE & MASH

£16.50

£18.75

Butcher's Sausages, Creamed Mash, Onion Rings, Peas, Roasted Root Veg & Caramelised Onion ALTER: Available with Vegan Sausages

THE CURRY BOARD £19.95

Two authentic Curries served Thali-style with Onion Bhaji Traybake, Pickled Cucumber, Mango Chutney, Diced Pickled Chilli with Onion & Tomato, a Poppadom & our Special Rice

FROM THE SEA

BATTERED CATCH OF THE DAY £18.75

Sustainable, fresh 'Chip Shop' style white fish in our own special batter. Served with Chips & Peas or Mushy Peas.

BREADCRUMBED SCAMPI TAILS £17.95

Wholetail Scampi served with Home-made Tartare Sauce and Chips, Peas or Mushy Peas

BATTERED FISH GOUJONS £14.95

Goujons of fresh 'catch of the day' fish cooked in our own special batter. Served with Chips & Peas or Mushy Peas.

FILLET OF SEA BASS £21.75

Fresh Sea Bass in a Panko Crumb with seasoned ribbon Vegetables, rustic Potatoes and a Lemon **Butter Sauce**

PIZZA

Thin & Crispy Pizzas on a homemade base, baked in our Brick-lined Italian Pizza Oven. Vegan Cheese is available if required, please ask. Spice It Up: Ask for our fiery Portuguese Piri Piri Chilli Oil to add serious heat to your Pizza!

PEPPERONI & JALAPENO £14.50

MARGHERITA WITH BUFFALO MOZZARELLA # £12.95

VEGGIE SUPREME **≠** £12.95

THE CALZONE (FOLDED) £14.95

MEAT FEAST - CHICKEN, PEPPERONI & CHORIZO £14.75

FOUR CHEESE £13.50

PEPPERONI, CHORIZO, BUFFALO MOZZARELLA, FRIED ONION & PARMESAN

SIDE ORDERS ... add a little extra

RED JALAPENO SLAW	£3.75	HOUSE DRESSED SALAD	100	£3.75	HALLOUMI FRIES	£5.95
GARDEN PEAS OR MUSHY PEAS	£3.25	BATTERED ONION RINGS	S##	£4.25	SAUSAGE ROLL SLICES & PICKLE	£4.95
SWEET POTATO FRIES	£4.95	GARLIC SOURDOUGH B	AGUETTE 🗸	1	MAC N CHEESE BITES, CHILLI MAYO	£5.25
CHIPS OR FRENCH FRIES	£3.95	SINGLE £3.95	TO SHARE	: £5.50	TODAY'S FRESH BREAD 🚅	£5.25
PARMESAN FRIES	£4.95	CHEESY SOURDOUGH B	BAGUETTE 💋		Our home baked breads with Aged Balsami	ic Vinegar &
BUTTERED SWEETCORN	£3.25	SINGLE: £4.95	TO SHARE:	£6.50	Virgin Olive Oil	

IMPORTANT ALLERGY NOTICE

All of our dishes and products may contain traces of nuts, gluten, caffeine, mustard, shellfish, dairy products and other potential allergens due to the shared preparation and cooking spaces in our kitchen.

Should you suffer from any potential reaction or allergy please check with your server before ordering. We have a wide range of meals suitable for those following a gluten free diet, but these dishes may still contain very small traces of gluten due to shared preparation and cooking spaces.

DESSERTS

SERVED FROM MID-DAY EVERY DAY

SALTED CARAMEL CHOCOLATE TART £7.95

Served with Vanilla Ice Cream

TODAY'S HAND-MADE CHEESECAKE £7.50 Served with Whipped Dairy Ice Cream

CHOCOLATE BROWNIE

Served with Vanilla Ice Cream & Chocolate Sauce **AMERICAN-STYLE PANCAKES** £8.50

Served with Chocolate Ice Cream & Maple Syrup

STICKY TOFFEE PUDDING

Served with Ice Cream or Custard

With Cream or Ice Cream

CHOCOLATE FUDGE CAKE £7.75 **SELECTION OF CHEESES**

£8.50

Served with Crackers or Bread, Chutney & Grapes

LUXURY ICE CREAMS - 2 SCOOPS: £5.50 SCOOPS: £7.90 A selection of flavours is available, please ask

WHIPPED ICE CREAM '99' £5.95

Luxury 'Mr Whippy' style Dairy Ice Cream with a Flake and a choice of fruit

MILKSHAKE WITH ICE CREAM £5.50

CARAMEL-FILLED CHURRO BITES WITH ICE CREAM £8.50 Whipped Dairy Ice Cream & melt in the middle warm Churros and a

dusting of Cinnamon Sugar

A SLICE OF CAKE £6.25 Served with Cream or Custard, please ask for today's Cake varieties

TIRAMISU

£7.95 Served with Cream

THE SUNDAY ROAST...

AVAILABLE FROM MID-DAY EVERY SUNDAY

TRADITIONAL ROASTS

Our Roasts come with Roast Potatoes, Honey Roast Root Vegetables, a selection of Steamed Vegetables, Peas, a Yorkshire Pudding and as much gravy as you like.

ROSEMARY ROAST LEG OF LAMB £19.90

Redcurrant Jelly & Mint Sauce on request

28 DAY AGED ROAST BEEF £19.90

Horseradish Sauce or Mustard available on request

ROAST TURKEY CROWN £18.90

With Stuffing. Cranberry Sauce available on request

THREE MEAT SUPER ROAST £22.90

All three meats above, plus all the trimmings, sauces of your choice and two Yorkshire Puddings

VEGETARIAN ROAST ≠ £18.50

A full range of Sauces are available on request.

(Add a little extra to your roast...

£7.50

£7.75

Extra Yorkshire Pudding 95p Chips or French Fries £3.95

Extra Roast Potatoes £3.50 Honeyed Pigs in Blankets £4.75

Cauliflower Cheese £3.95

Onion Rings £4.50

Garden or Mushy Peas £2.95

ROAST MEAT SANDWICHES

On a choice of white or brown Bread

WARM ROAST LEG OF LAMB £9.95 Sandwich with Redcurrant Jelly

WARM ROAST 28 DAY BEEF £9.95 Sandwich with Horseradish Sauce or English Mustard

ROAST TURKEY CROWN £8.95 Sandwich with Stuffing & Cranberry Sauce

CHECK OUT OUR COCKTAIL, WINE & LIQUID REFRESHMENT LIST! OVER 40 WINES, INCLUDING 12 ENGLISH - OVER 40 BEERS & (IDERS, INCLUDING 15 DRAUGHT, OVER 50 HOT AND COLD SOFT DRINKS INCLUDING MATCHA AND BUBBLE TEAS!