

GLUTEN FREE MENU



STARTERS

MIXED MARINATED OLIVES £4.25

BREAD WITH BALSAMIC AND OLIVE OIL £5.25

HUMMUS AND GLUTEN FREE BREAD £5.95

HOMEMADE SOUP OF THE DAY (V) £7.50

Gluten free bread

SMOKED SALMON CROSTINI £9.95

Served on toasted gluten free bread, with avocado and chorizo, rocket & olive oil garnish

FRIED CHICKEN £8.95

Buttermilk Fried chicken strips, Chipotle mayo, Chilli BBQ salsa and Salad Garnish

GARLIC MUSHROOMS £8.50

Sauteed Button Mushroom with Tarragon & Gluten Free Bread

MAIN COURSES

SWEET POTATO & CHICK PEA CURRY £18.95

A mild south Indian style curry thickened with Tamarind and Coconut, Pickled cucumber, Mango chutney, Pickled chilli's with tomato & onion concasse and vegetable fried rice.

TRADITIONAL FISH & CHIPS £19.50

Cooked in gluten free beer batter

with chips & garden peas.

ALL DAY BRUNCH £17.95

Bacon, sausages, chips, baked beans, fried eggs grilled tomato, fried mushrooms and onions.

SAUSAGE AND MASH £16.95

Butchers' sausages, creamy mash, roasted veg, peas and caramelised onion gravy.

HAM, EGG AND CHIPS £16.95

Ham, cheese, grapes, chutney, gluten free bread

THE FULL STACK £19.50

100% hand pressed beef burger, chargrilled in a toasted bun, lettuce, tomato, BBQ burger sauce, with bacon & cheddar, Fried onions and fries.

THE CHEESEBURGER £15.75

100% hand pressed beef burger, chargrilled in a toasted bun, lettuce, tomato, BBQ burger sauce, cheddar, fried onions & fries

RIBS N CHICKEN £19.50

Anchor fried chicken and slow roasted Jerk BBQ ribs, buttered corn, red slaw and French fries.

ROAST BREAST OF CHICKEN £18.95

Oven roasted chicken breast, roast new potatoes, grilled asparagus and a mushrooms and white wine sauce.

STEAKS

All served with chips, grilled tomato, mushrooms and peas.

7oz RUMP £18.95

8oz SIRLOIN £24.95

8oz RIB-EYE £26.95

8oz FILLET £36.95

21oz T-BONE 34.95

PIZZA

All served on gluten free bases

HOT HONEY, PEPPERONI & JALAPENO £14.95

MARGARITA £12.95

Tomato, basil and mozzarella

VEGGIE SUPREME £13.50

Mushrooms, Onions, and peppers

SIDE DISHES

SIDE SALAD £3.75

CHIPS OR FRIES £3.95

RED JALAPENO SLAW £3.75

GARDEN PEAS OR MUSHY PEAS £3.25

SWEET POTATO FRIES £4.95

AVAILABLE 12-4PM Monday to Saturday

SANDWICHES

HAM £8.95

CHEDDAR & ONION £8.95

CHEDDAR & HAM £9.50

BLT £9.95

TUNA MAYONNAISE £8.95

BAKED POTATO and house salad £12

Tuna

Tuna & Cheese

Cheese

Cheese and beans

Ham and Cheese

DESSERTS

CHOCOLATE BROWNIE £7.95

vanilla ice-cream

SELECTION OF LUXURY ICE CREAMS (3 scoops) £7.90

Please ask for flavours

STICKY TOFFEE PUDDING £7.95

served with custard

MILKSHAKE WITH ICE-CREAM £5.50

APPLE CRUMBLE £8.25

Served with ice cream or custard

HONEYCOMB & CHOCOLATE MOUSSE £8.50

Served with honeycomb bites

IMPORTANT ALLERGY NOTICE

All our dishes and products may contain traces of nuts, gluten, caffeine, mustard, shellfish, dairy products, and other potential allergens due to shared preparation and cooking spaces in our kitchen. Should you suffer from any potential reaction or allergy please check with your server before ordering.