

WELCOME TO THE ANCHOR



DISHES ON THIS MENU ARE AVAILABLE FROM MID-DAY UNTIL 8PM SUNDAY TO TUESDAY & UNTIL 9PM WEDNESDAY TO SATURDAY - UNLESS OTHERWISE STATED

Dishes marked are suitable for a vegetarian diet. Dishes marked are suitable for a vegan diet. Dishes with can be adapted for healthier diets, usually without the sauce, please ask!

We can offer gluten free and dairy free menus on request. Please note that due to shared preparation and cooking areas in our kitchen we can't guarantee that any dish will be completely free of all traces of gluten. We also have a children's menu & activity sheet for our smaller guests dining with their parents.

BREAKFAST

SERVED FROM 9.30AM TO 11.30AM EVERY DAY

SELECTION OF PASTRIES from	£2
THE ANCHOR BREAKFAST	£14
2 Rashers of Prime Smoked Back Bacon, 2 Butcher's Sausages, Hash Browns, Baked Beans, Tomato, Mushrooms & 2 Fried, Poached or Scrambled Eggs. 2 Slices Toast & Butter ADD: Black Pudding £1.50	
THE LIGHTER ANCHOR BREAKFAST	£11
A Rasher of Prime Smoked Back Bacon, a Butcher's Cumberland Sausage, a Hash Brown, Baked Beans, Grilled Tomato, Mushrooms & a Fried, Poached or Scrambled Egg. A slice of Toast & Butter	
VEGETARIAN BREAKFAST	£11
Vegetarian Sausages, Hash Browns, Baked Beans, Grilled Tomato & Mushrooms, Poached, fried or scrambled Eggs, 2 Slices Toast & Butter	
PORRIDGE OR GREEK-STYLE YOGHURT	£6
With Blueberries & Honey	
BAKED BEANS ON TOAST	£6
TOASTED TEA CAKE & BUTTER	£4

PORTUGUESE EGGS	£11
Mashed Avocado, Poached Eggs, Chorizo Crumbs & Chilli Flakes on Sourdough or Granary Toast	
BLT	£10
Bacon, Lettuce, Tomato & Mayonnaise Sandwich	
BLAT	£11
Bacon, Lettuce, Avocado, Tomato & Mayonnaise on Toasted Sourdough	
SLAT	£12
Smoked Salmon, Lettuce, Avocado, Tomato & Mayonnaise on Toasted Sourdough	
EGGS BENEDICT	£10
Two Poached Eggs, Hollandaise Sauce and our own Roast Gammon Ham served on a Toasted Muffin or Sourdough Bread	
EGGS ROYALE	£12
Two Poached Eggs, Hollandaise Sauce and Smoked Salmon served on a Toasted Muffin or Sourdough Bread	
SMOKED SALMON & POACHED EGGS	£12
Served with freshly Toasted Bread	
SMOKED SALMON, BACON & EGGS	£13
Served with Poached Eggs, Toasted Bread, Hollandaise Sauce	

THE ANCHOR CLUB SANDWICH	£12
Sliced Chicken Breast, Bacon, Lettuce, Tomato, Mayo on Toasted Sourdough	
SMASHED AVOCADO ON TOAST	£9
With Sun-blushed Tomato	
RAISIN & ALMOND GRANOLA	£6
With fresh Blueberries, a splash of Greek-style Yoghurt & Milk Special Milk Options (Oat,Almond) +50p	
3 RASHER BACON or 2 SAUSAGE S/WICH	£8
Add Fried Egg for £1 extra	
2 RASHER OF BACON ROLL	£7
Add Fried Egg for £1 extra	
SAUSAGE BRIOCHE ROLL	£7
Add Fried Egg for £1 extra	
FRESHLY MADE TOAST & BUTTER	£4
Two Slices of Toasted Bread with Nut & Chocolate Spread, Jam or Marmalade	
WAFFLES	£10
Served with Bacon & Fried Egg or Maple Syrup	
SCRAMBLED EGGS & BACON ON TOAST	£10
EGGS ON TOAST Poached, Fried or Scrambled	£7

NIBBLES

MIXED OLIVES	£5
CHILLI ROAST PEANUTS	£4
MAC 'N' CHEESE BITES, CHILLI MAYO	£6
HALLOUMI FRIES	£6
TODAY'S FRESH BREAD	£5
Our home baked bread/Balsamic Vinegar & Virgin Olive Oil	
HUMMUS & FOCACCIA	£6
DIRTY FRIES	£7
BREADED JALAPENO & CREAM CHEESE BITES	£6

STARTERS

HOMEMADE SOUP	£7
Freshly made Soup of the Day	
PAN-FRIED KING PRAWNS	£10
with Chorizo. Chilli & Garlic in a smokey Paprika Butter served on Toasted Sourdough	
ANCHOR FRIED CHICKEN	£10
Buttermilk-marinated crispy-coated Chicken Breast strips with a Chilli BBQ Tomato Salsa, Sriracha Mayo & Salad Garnish	
HONEY & CHIPOTLE BAKED CAMEMBERT	£10
with Toasted Flatbread & Plum & Apple Chutney	
STICKY KOREAN BBQ CHICKEN	£11
Cucumber Kimchi, Crispy Noodles	

SALT & PEPPER CHICKEN	£10
Coriander Salad, Lime & Sweet Chilli Dip	
STUFFED BELL PEPPER	£10
A roast Sweet Bell Pepper, Cream Cheese, Chive & Parmesan, Herb Crust, Rocket & Cherry Tomato Garnish	
SMOKED SALMON CROSTINI	£11
Served on Toasted Sourdough, with Avocado & Chorizo, Rocket Garnish and Olive Oil Dressing	
GARLIC MUSHROOMS	£9
Sautéed Button Mushrooms with Tarragon & Home-baked Bread - Vegan variation available	
SAUSAGEMEAT & BLACK PUDDING CROQUETTES	£9
With Apple & Fennel Slaw and Piccalilli	

HOUSE FAVOURITES

SWEET POTATO & CHICK PEA KERALAN CURRY	£18
A mild, hearty south Indian Curry thickened with Tamarind and Coconut, Onion Bhaji Traybake, Pickled Cucumber, Mango Chutney, Pickled Chilli with Onion & Tomato Concasse and our Special Rice	
JERK BBQ RIBS & CHICKEN	£21
Anchor Fried Chicken and slow roast Jerk BBQ Half Rack of Ribs with Jalapeno Red Slaw, BBQ Beans & French Fries	
HAM, EGG & CHIPS	£18
Roast Gammon Ham, Sausagemeat & Black Pudding Croquette, Chunky Chips & 2 Fried Eggs	
ALL DAY BRUNCH	£18
Prime Smoked Back Bacon; Butcher's Cumberland Sausages; Baked Beans; 2 Fried Eggs, Grilled Tomato, Fried Mushrooms & Onions, Sausagemeat & Black Pudding Croquette, Chips	
CRISPY CHILLI BEEF	£21
Seasoned & crispy coated Rump Steak, thinly sliced, glazed in a rich Kung Po Sauce, and served with Stir-fried Udon Noodles, Red Chilli slices, toasted crushed Peanuts and a Rocket garnish	
SLOW-COOKED BEEF CHEEK & PANCETTA BOURGUIGNON	£21
Made with Roast Roots & Rich Red Wine Jus, served with Buttered Garlic Mash & Roast Cabbage	
GRILLED HALLOUMI	£19
Hot Honey Dip, Mixed Greek Mezze & Toasted Flat Bread	

SURF & TURF MIXED GRILL	£29
Rump Steak, 1/2 Chicken Breast, Sausage and Scampi with roast Tomato, Field Mushroom, Peas and Chips or Fries - please see our Steakhouse section for further Steak options	
SAUSAGE & MASH	£17
Butcher's Sausages, Creamed Mash, Onion Rings, Garden Peas, Roast Cabbage & Caramelised Onion Gravy	
ALTER: Available with Vegan Sausages	
THE CURRY BOARD	£21
Two authentic Curries served Thali-style with Onion Bhaji Traybake, Pickled Cucumber, Mango Chutney, Diced Pickled Chilli with Onion & Tomato, a Poppadom & our Special Rice	
ROAST BREAST OF CHICKEN	£20
Oven roast Chicken breast fillet, cooked with Garlic & Cream, served Roast New Potatoes, grilled Asparagus and a Mushroom & White Wine Sauce	
THE PLOUGHMAN'S LUNCH	£19
Mature Cheddar, Somerset Brie, Roast Ham, Home-made Sauagemeat & Black Pudding Croquette, Home-made Pickles, Bread, Plum & Apple Chutney, Sliced Apple	
SALT & PEPPER CHICKEN	£21
Udon Noodles, Coriander Salad, Lime & Sweet Chilli Dip	
PAN-FRIED LIVER & BACON	£19
Fresh, Sauté seasonal Liver, Creamed Mash, Onion Rings, Roast Cabbage, rich Gravy	

FROM THE SEA

Our fish is delivered fresh daily, never frozen & is therefore subject to availability of catch.

BATTERED CATCH OF THE DAY	£19
Sustainable, fresh 'Chip Shop' style white fish in our own special batter. Served with Chips & Peas or Mushy Peas. ADD: Fresh Bread & Butter £1.50 'Chip Shop' Curry Sauce £1.50	
BREADCRUMBED SCAMPI TAILS	£19
Wholetail Scampi served with Home-made Tartare Sauce and Chips, Peas or Mushy Peas	
GRILLED SEA BASS FILLET	£21
With crushed New Potatoes, Tenderstem Broccoli, Creamed Cabbage & Bacon Sauce	

FISHERMAN'S PIE	£19
Chunks of fresh white Fish and Prawns, Roasted Vegetables in a Caponata Tomato Sauce under a Gratin Dauphinois Potato and served with Seasonal Greens	
BATTERED FISH GOUJONS	£16
Goujons of fresh 'catch of the day' fish cooked in our own special batter. Served with Chips & Peas or Mushy Peas. ADD: Fresh Bread & Butter £1.50 'Chip Shop' Curry Sauce £1.50	

PIZZA

Thin & Crispy Pizzas on a homemade base, baked in our Brick-lined Italian Pizza Oven. Vegan Cheese is available if required, please ask. Spice It Up: Ask for our fiery Portuguese Piri Piri Chilli Oil to add serious heat to your Pizza!

HOT HONEY WITH PEPPERONI & JALAPENO	£15
MEAT FEAST - CHICKEN, PEPPERONI & CHORIZO	£17

MARGHERITA WITH BUFFALO MOZZARELLA	£14
THE CALZONE (FOLDED)	£17
PEPPERONI, CHORIZO, BUFFALO MOZZARELLA, FRIED ONION & PARMESAN	

VEGGIE SUPREME	£15
POLLO AMATRICIANA	£17
CHICKEN, SPINACH, RED ONION & CHILLI	

STEAKHOUSE, SUNDAYS & SIDE ORDERS

...please see overleaf for a great selection of Steaks, Burgers, Sunday Roasts & Sides

THE ANCHOR STEAKHOUSE

Welcome to the home of really great steak, plus, with our new BBQ Sides, you can get a real taste of Summer. all year round! We only use 28 day aged Steaks from the British Isles, with the meat aged for at least 7 days on the bone before heading to the dry ageing cabinet.



THERE'S NO SHORTCUT TO GREAT STEAK!

Please be aware that some cuts of steak, especially T-bone or cooking to Medium-Well or further, take a while to cook - please let us know if you're in a hurry...

CHOOSE YOUR STEAK

RUMP 8oz £21	SIRLOIN 8oz £27	RIB-EYE 8oz £29
...recommended Medium Rare	...recommended Medium Rare	...recommended Medium
T-BONE 21oz £36	FILLET 8oz £38	
...recommended Medium Rare	...recommended Rare	

CHOOSE YOUR ACCOMPANIMENT -

EITHER: CHIPS OR FRENCH FRIES, GRILLED TOMATO, GARLIC MUSHROOMS, GARDEN PEAS & ONION RINGS
OR: GO BBQ WITH OUR SPECIAL RICE, BBQ BEANS, JALAPENO RED SLAW AND ONION RINGS

CHOOSE A SAUCE IF REQUIRED - £3 each:

Bearnaise | Peppercorn | Garlic & Herb Butter | Beef Bouillon Jus | Chipotle Mayo | Horseradish

Add a little extra to your Steak...

THE FULL SURF & TURF MIXED GRILL!	+£9
A Steak of your choice, plus 1/2 Chicken Breast, a Sausage and 2 Butterfly King Prawns	
ADD - 6 WHOLETAIL SCAMPI	+£5
ADD - HALF RACK OF BBQ RIBS	+£6
ADD - HOUSE SIDE SALAD	+£4
ADD - GARLIC SOURDOUGH	+£5
SWITCH TO SWEET POTATO FRIES	+£2
SWITCH TO PARMESAN FRIES	+£2

HOW DO YOU LIKE YOUR STEAK?

Everyone has their own idea of how they like their steak and of course every piece of meat is different, requiring an expert touch to understand how the inside is doing by experience and intuition. To help us to get it right for you, this is how we interpret the degrees of grilling...

Blue: Lightly seared on the outside, red throughout - not for everyone!

Rare: A thin cooked layer on the outside of the Steak, then a hint of pink but mostly red.

Medium Rare: The cooked, pink & red layers are almost equal

Medium: The cooked and pink layers are equal, very little if any red

Medium Well: The cooked meat is now at least 75% of the Steak, only hint of pink

Well Done: Cooked throughout, no red or pink

ANCHOR BURGERS

Our 'smash' Beef Burgers are all hand-pressed by us from 100% Steak Mince with our special seasoning. Served in a Toasted Bun with Fries, Onion Rings & Red Jalapeno Slaw.

THE FULL STACK £21

A home-made Steak Mince Beef Burger, with Cheddar, Bacon, Fried Onions, our special BBQ Burger Sauce, Beef Bouillon Jus

THE GREEN STACK £18

A non-GMO, 100% plant-based, all natural Burger with a true ground meat texture stacked with Cheddar, Fried Onions, Chilli Tomato Salsa & our secret recipe BBQ Burger Sauce

THE LOADED HOT & DIRTY £20

A home made Steak Mince Beef Burger, pickled Jalapenos, Cheddar, Breaded Green Jalapeno & Cream Cheese Bites, secret BBQ Sauce, Sriracha, sliced Tomato & Gherkin with Red Jalapeno Slaw

THE CHEESEBURGER £16

A home-made Steak Mince Beef Burger, Cheddar, Fried Onions, our special BBQ Burger Sauce.

THE CHICKENBURGER £21

Butterfly Garlic Chicken Breast, Cheddar, Fried Onions, Chilli Tomato Salsa, Sliced Tomato and Mayonnaise.

THE BIG CLUCKER £20

Anchor Fried Chicken, Cheddar, Fried Onions, Sriracha Mayo & our special BBQ Burger Sauce.

SIDE ORDERS ...add a little extra

RED JALAPENO SLAW	£4	HOUSE DRESSED SALAD	£5	HALLOUMI FRIES	£6
GARDEN PEAS OR MUSHY PEAS	£4	BATTERED ONION RINGS	£5	MAC N CHEESE BITES, CHILLI MAYO	£6
TODAY'S FRESH BREAD	£6	GARLIC SOURDOUGH BAGUETTE		SWEET POTATO FRIES	£5
Our home baked breads with Aged Balsamic Vinegar & Virgin Olive Oil		SINGLE £5 TO SHARE: £8		CHIPS OR FRENCH FRIES	£4
DIRTY FRIES	£7	CHEESY SOURDOUGH BAGUETTE		PARMESAN FRIES	£5
Chorizo Crumb, Spring Onion, Melted Cheese, Cheese Sauce		SINGLE: £6 TO SHARE: £9		SAUSAGE & BLACK PUDDING CROQUETTES	£6
'CHIP SHOP' CURRY SAUCE	£2	SPECIAL RICE	£4	BREADED GREEN JALAPENO	
		HALLOUMI FRIES	£6	& CREAM CHEESE BITES	£6

IMPORTANT ALLERGY NOTICE

All of our dishes and products may contain traces of nuts, gluten, caffeine, mustard, shellfish, dairy products and other potential allergens due to the shared preparation and cooking spaces in our kitchen. Should you suffer from any potential reaction or allergy please check with your server before ordering. We have a wide range of meals suitable for those following a gluten free diet, but these dishes may still contain very small traces of gluten due to shared preparation and cooking spaces.

THE SUNDAY ROAST...

AVAILABLE FROM MID-DAY EVERY SUNDAY

TRADITIONAL ROASTS

Our Roasts come with Roast Potatoes, Honey Roast Root Vegetables, a selection of Steamed Vegetables, Peas, a Yorkshire Pudding and as much gravy as you like. A small plate roast is aimed at those with a smaller appetite and is roughly a half portion of the usual roast.

	FULL	SMALL PLATE
ROSEMARY ROAST LEG OF LAMB	£22	£15
Redcurrant Jelly & Mint Sauce on request		
28 DAY AGED ROAST BEEF	£22	£15
Horseradish Sauce or Mustard available on request		
ROAST TURKEY CROWN	£21	£14
With Stuffing. Cranberry Sauce available on request		
THREE MEAT SUPER ROAST	£25	
All three meats above, plus all the trimmings, sauces of your choice and two Yorkshire Puddings		
VEGETARIAN ROAST	£21	£14
A full range of Sauces are available on request.		

Add a little extra to your roast...

Extra Yorkshire Pudding	£1
Chips or French Fries	£5
Extra Roast Potatoes	£5
Honeyed Pigs in Blankets	£5
Cauliflower Cheese	£5
Onion Rings	£5
Garden or Mushy Peas	£4
Sausagemeat & Black Pudding Croquettes	£6

ROAST MEAT SANDWICHES

On a choice of white or brown Bread

WARM ROAST LEG OF LAMB £12

Sandwich with Redcurrant Jelly

WARM ROAST 28 DAY BEEF £12

Sandwich with Horseradish Sauce or English Mustard

ROAST TURKEY CROWN £12

Sandwich with Stuffing & Cranberry Sauce

CHECK OUT OUR COCKTAIL, WINE & LIQUID REFRESHMENT LIST!
OVER 40 WINES, INCLUDING 12 ENGLISH - OVER 40 BEERS & CIDERS, INCLUDING 15 DRAUGHT,
OVER 50 HOT AND COLD SOFT DRINKS INCLUDING MATCHA AND BUBBLE TEAS!