

## Breakfast

SERVED FROM 9.30AM TO 11.30AM EVERY DAY

THE ANCHOR BREAKFAST	£11.95
2 Rashers of Prime Smoked Back Bacon, 2 Butcher's Cumberland Sausages, Hash Browns, Baked Beans, Tomato, Mushrooms & 2 Fried, Poached or Scrambled Eggs. 2 Slices Toast & Butter ADD: Black Pudding £1.50	
THE LIGHTER ANCHOR BREAKFAST	£9.95
A Rasher of Prime Smoked Back Bacon, a Butcher's Cumberland Sausage, a Hash Brown, Baked Beans, Grilled Tomato, Mushrooms & a Fried, Poached or Scrambled Egg. A slice of Toast & Butter	
VEGETARIAN BREAKFAST 	£9.95
Vegetarian Sausages, Hash Browns, Baked Beans, Grilled Tomato & Mushrooms, Poached, fried or scrambled Eggs, 2 Slices Toast & Butter	
BAKED BEANS ON TOAST 	£4.95
SMOKED SALMON & POACHED EGGS	£9.95
Served with freshly Toasted Bread	
SCRAMBLED EGGS & BACON ON TOAST	£7.75
SMOKED SALMON, BACON & POACHED EGGS	£11.95
Served with freshly Toasted Bread, Hollandaise Sauce	
EGGS BENEDICT	£8.95
Two Poached Eggs, Hollandaise Sauce and our own Roast Gammon Ham served on a Toasted Muffin	
EGGS ROYALE	£10.95
Two Poached Eggs, Hollandaise Sauce and Smoked Salmon served on a Toasted Muffin	
3 RASHER BACON or 2 SAUSAGE SANDWICH	£7.50
Add Fried Egg for £1 extra	
RASHER OF BACON or SAUSAGE BRIOCHE ROLL	£4.95
Add Fried Egg for £1 extra	
TOASTED TEA CAKE & BUTTER 	£3.95
FRESHLY MADE TOAST & BUTTER 	£1.95
Two Slices of Toasted Bread with Nut & Chocolate Spread, Jam or Marmalade	
TWO EGGS , FRIED OR SCRAMBLED ON TOAST	£5.50

## Important Allergy Notice

All of our dishes and products may contain traces of nuts, gluten, caffeine, mustard, shellfish, dairy products and other potential allergens due to the shared preparation and cooking spaces in our kitchen. Should you suffer from any potential reaction or allergy please check with your server before ordering. We have a wide range of meals suitable for those following a gluten free diet, but these dishes may still contain very small traces of gluten due to shared preparation and cooking spaces.

## Sundays...

SERVED FROM MID-DAY EVERY SUNDAY

### ROAST MEAT SANDWICHES

Sunday Brunch Sandwiches on a choice of white or brown Bread

WARM SLOW ROAST LEG OF LAMB SANDWICH £7.95  
With Redcurrant Jelly

WARM ROAST 28 DAY AGED BEEF SANDWICH £8.50  
With Horseradish Sauce or English Mustard

WARM ROAST TURKEY CROWN SANDWICH £7.50  
With Stuffing & Cranberry Sauce

### TRADITIONAL ROASTS

All of our Roasts come with Roast Potatoes, Honey Roast Root Vegetables a selection of Steamed Vegetables, Peas, a Yorkshire Pudding and as much gravy as you like:

SLOW ROAST LEG OF LAMB £17.50  
With Garlic & Rosemary, Redcurrant Jelly & Mint Sauce

28 DAY AGED ROAST BEEF £17.95  
With Horseradish Sauce

ROAST TURKEY CROWN £15.95  
With Stuffing & Cranberry Sauce

THREE MEAT SUPER ROAST £19.95  
All three meats above, plus all the trimmings, sauces of your choice and two Yorkshire Puddings

VEGETARIAN ROAST   £14.95  
With Redcurrant Jelly

#### ADD TO YOUR ROAST OR SANDWICH:

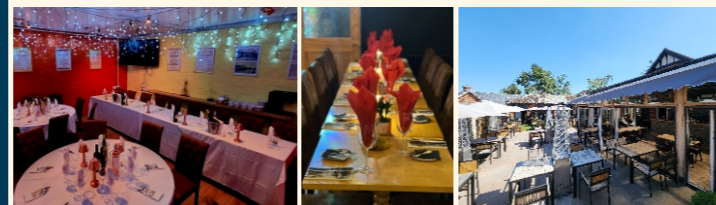
Extra Yorkshire Pudding - 50p | Extra Roast Potatoes £2.95  
Honeyed Pigs in Blankets £3.75 | Cauliflower Cheese £3.25  
Onion Rings £3.75 | French Fries or Chips £3.75

## Celebrations, Parties & Wakes

Our flexible dining and entertaining spaces enable us to cater with pleasure for your function.

The Barns, Garden Bar and covered dining areas are available separately or together for all types of function for up to 120 seated guests. Exclusive use of the Garden Bar, rear dining & terrace areas and bespoke food menu, buffets and entertainment are all possible to meet every need.

Please ask for more details...



Welcome to

# The Anchor Inn



STRATFORD ST MARY



## Menu

Breakfast is Served 9.30am to 11.30am daily

Our Main Menu is served from Mid-day to 8pm Sunday to Tuesday & Wednesday to Saturday until 9pm unless otherwise stated.

Dishes marked with  are suitable for a vegetarian diet - dishes marked with  are suitable for a vegan diet

Some of our Vegetarian Dishes can be made Vegan by using Vegan Cheese or Plant Cream. Please ask.

Many of our dishes can be made Gluten Free on request Please see our notes overleaf for those with food allergies

We also have a children's menu & activity sheet for our smaller guests

## Opening Hours

SUNDAY - 9.30am to 10pm  
MONDAY TO SATURDAY - 9.30am to 11pm  
Last entry is 10pm

[www.stratfordanchor.org](http://www.stratfordanchor.org)

WE HOPE THAT YOU ENJOY YOUR VISIT & FOOD  
IF YOU DO, WE REALLY APPRECIATE YOUR GOOD REVIEW ON FACEBOOK OR GOOGLE  
IF NOT, PLEASE TELL US & WE WILL PUT IT RIGHT

# The Anchor Inn



STRATFORD ST MARY

DISHES ON THIS MENU ARE AVAILABLE FROM MID-DAY UNTIL 8PM SUN - TUE & UNTIL 9PM WED-SAT UNLESS OTHERWISE STATED

Dishes marked  are suitable for a vegetarian diet. Dishes marked  are suitable for a vegan diet


We can offer gluten free and diary free menus on request. Please note that due to shared preparation and cooking areas in our kitchen we cannot guarantee that any dish will be completely free of all traces of gluten.

We also have a children's menu & activity sheet for our smaller guests.

## Nibbles or Sides

MIXED OLIVES 	£3.95	TODAY'S FRESH BREAD 	£4.50
ROAST CHILLI & PAPRIKA CHISTORRICAS	£4.95	Our home baked breads with aged Balsamic Vinegar & Olive Oil	
Seasoned and roasted bites of Chorizo with a little kick of chilli		LOADED FRIES	£5.50
HOUMMUS & FOCACCIA 	£4.95	French Fries topped with Cheese Sauce, Crispy Bacon & Spring onion	
Home Baked crusty Bread with a Houmous Dip		CHILLI ROAST PEANUTS 	£2.75

## To Start

MUSHROOM BRUSCHETTA 	£6.95
Fried Mushrooms in a Creamy Sauce on Bread toasted with Garlic Oil	
LIGHTLY FRIED WHITEBAIT	£7.50
Served with fresh Garlic & Lemon Aioli and home-made Bread	
ANCHOR FRIED CHICKEN	£7.95
Buttermilk-marinated crispy-coated Chicken Breast strips with a Chilli BBQ Salsa, Chipotle Mayo & Salad Garnish	
DUCK & HOI SIN SPRING ROLLS	£7.95
Confit Duck & Hoi Sin Sauce in a home made Spring Roll	
CRISPY CAULIFLOWER SALAD 	£6.95
With a Sweet Chilli Dressing	
HOMEMADE SOUP WITH FRESH BREAD	£5.50
Freshly made soup of the day, or Roasted Tomato & Basil Soup, finished with a swirl of Plant Cream	
WHITE & SMOKED FISH FISHCAKE	£8.95
With Hollandaise Sauce & Wilted Spinach	
TERIYAKI PORK FILLET BITES	£7.95
With a Jalapeno Slaw	

## IMPORTANT ALLERGY NOTICE

ALL OF OUR DISHES AND PRODUCTS MAY CONTAIN TRACES OF NUTS, GLUTEN, CAFFEINE, MUSTARD, SHELLFISH, DAIRY PRODUCTS AND OTHER POTENTIAL ALLERGENS DUE TO THE SHARED PREPARATION AND COOKING SPACES IN OUR KITCHEN.

SHOULD YOU SUFFER FROM ANY POTENTIAL REACTION OR ALLERGY PLEASE CHECK WITH YOUR SERVER BEFORE ORDERING. WE HAVE A WIDE RANGE OF MEALS SUITABLE FOR THOSE FOLLOWING A GLUTEN FREE DIET, BUT THESE DISHES MAY STILL CONTAIN VERY SMALL TRACES OF GLUTEN DUE TO SHARED PREPARATION AND COOKING SPACES.

## Lighter Lunch Bites

SERVED FROM MID-DAY TO 4PM MONDAY TO SATURDAY

### SANDWICHES

Served on a choice of Granary or White fresh Bread:

TUNA OR EGG MAYONNAISE	£6.95
Flaked Tuna or Hard-boiled Egg mixed with creamy Mayonnaise	
BLT	£7.50
Grilled Bacon, Tomato, Lettuce & Mayo	
HOME ROASTED HAM	£7.50
Salad Cream, Mustard, Brown Pickle, Mayo available	
TAW VALLEY CHEDDAR & ROAST HAM	£7.95
Salad Cream, Mustard, Brown Pickle, Mayo available	
CHEESE & ONION 	£6.50
Salad Cream, Mustard, Brown Pickle, Mayo available	
SMOKED SALMON	£8.50
with a hint of Lemon & Black Pepper	

### JACKET POTATOES

A large, slow baked Potato with Butter and a Side Salad

PLAIN BUTTERED 	£6.95
TUNA MAYONNAISE	£8.25
TUNA MAYO & CHEDDAR	£8.75
BAKED BEANS 	£7.95
CHEDDAR CHEESE 	£7.95
CHEDDAR & BAKED BEANS 	£8.50
GAMMON HAM & CHEESE	£8.95

### TOASTED SOURDOUGH

Served open, toasted in the Pizza Oven:

TUNA MAYO, ONION, TOPPED WITH CHEDDAR	£7.95
CHEDDAR CHEESE & TOMATO	£7.25
HAM & CHEDDAR CHEESE	£7.95
THE PIZZA - PEPPERONI, CHEESE & JALAPENOS	£8.50
CHEDDAR, ONION, TOMATO & BACON	£8.25

## From the Sea

SMOKED FISHCAKE SALAD	£15.95
White & Smoked Fish in a Fishcake served with a Salad Niçoise and a Hollandaise Dip	
BATTERED CATCH OF THE DAY	£16.95
Sustainable, fresh fish cooked 'Chip Shop' style in our own special batter. Served with Chips and Peas or Mushy Peas.	
BATTERED CATCH OF THE DAY GOUJONS	£13.50
A smaller portion of the Catch of the Day cooked in our own special batter. Served with Chips and Peas or Mushy Peas.	
BREADCRUMBED SCAMPI TAILS	£15.95
Wholesale Scampi served with Home-made Tartare Sauce and Chips, Peas or Mushy Peas	

## House Favourites

HAM & CHEESE PLOUGHMANS	£13.95
Home-made Sausage Roll, Roast Gammon Ham, Cheddar Cheese, Grapes, Chutneys, Fresh Bread	
MARSALA CHICKEN	£17.95
Pan-fried sliced Breast of Chicken in a Marsala Sauce with Sauté Mushrooms, French Fries & Rocket Salad	
EGG PLANT PARMIGIANA 	£14.95
Baked Aubergine with a Parmesan Crumb, Tomato & Oregano Coulis, Salad & French Fries	
SWEET POTATO & SQUASH CASSEROLE 	£15.95
Slow cooked with Vegetables in a rich gravy and served with Mashed Potato and Roasted Roots.	
TENDERLOIN OF TERIYAKI PORK STIR-FRY	£15.95
Fillet of Pork with Soy, Ginger, Chilli and Garlic wok-fried with Vegetables & Noodles	
HAM, EGG & CHIPS	£14.95
Our own Gammon Ham, two fried free range Eggs, Chips & Onion Rings	
ANCHOR FRIED CHICKEN	£15.95
Crisp 'AFC' Crumbed & Fried Buttermilk Breast of Chicken with Chargrilled Sweetcorn, Jalapeno Slaw, Salad & French Fries	

## Side Orders

HOMEMADE COLESLAW 	£3.50
GARDEN PEAS OR MUSHY PEAS 	£2.95
SWEET POTATO FRIES 	£4.50
CRISPY SALAD WITH HOUSE DRESSING 	£3.50
ROASTED ROOT VEGETABLES 	£2.95
CHIPS OR FRENCH FRIES 	£3.95
HOMEMADE BATTERED ONION RINGS 	£3.95

## Grills, Steaks & BBQ

CHARGRILLED 28-DAY AGED SIRLOIN STEAK	£23.95
Dry Aged Sirloin, approx 200g uncooked weight, served with Onion Rings, Peas, Grilled Beef Tomato & Chips	
ADD - Peppercorn Sauce +£2.95    Garlic & Herb Butter +£1.95	
Beef Bouillon Jus + £1.95	
THE NEW ANCHOR BURGER	£16.95
Hand-pressed 100% Steak Mince Beef Burger, chargrilled and served in a toasted Bun with Cheddar, Bacon, fried Onions and our special lightly-spiced BBQ Burger Sauce. French Fries, Onion Rings & Jalapeno Slaw plus a dipping pot of our special Beef Bouillon Jus	
ADD: An extra Burger Patty £6	
ALL DAY BRUNCH	£11.95
Prime Smoked Back Bacon; Butcher's Cumberland Sausages; Baked Beans; 2 Fried Eggs, Grilled Tomato, Fried Mushrooms & Onions, Chips	
PULLED PORK BURGER	£15.95
BBQ Pulled Pork in a toasted bun with Cheese, served with a Jalapeno Slaw & Loaded Fries	
CHARGRILLED GAMMON STEAK	£16.95
Fresh Gammon Steak, approx 8oz uncooked weight, served with Brandied Black Cherries, Onion Rings, Peas, Grilled Beef Tomato & Chips	
SAUSAGES & MASH	£12.95
Butcher's Sausages, Creamed Mash, Onion Rings, Peas, Roasted Root Veg & Caramelised Onion Gravy	
ALTER: Available with Vegan Sausages 	
PEPPERONI	£13.95
CHISTORRICA PICCANTE, RED ONION, CHILLI	£13.95
MARGHERITA WITH BUFFALO MOZZARELLA 	£11.95
VEGGIE SUPREME 	£11.95
FOUR CHEESE 	£12.50
THE MEXICAN WITH CAJUN CHICKEN & PEPPERS	£12.95
MEAT FEAST - CHICKEN, PEPPERONI & CHORIZO	£13.95

## Pizza

Entirely home made Thin & Crispy Pizzas on our own base, baked in our traditional Brick-lined Italian Pizza Oven. Vegan Cheese is available if required, please ask. Spice It Up: Why not ask for our fiery Portuguese Piri Piri Chilli Oil to add serious heat to your Pizza!

QUARTER SOURDOUGH BAGUETTE 	£2.95
With Garlic, Sea Salt & Rosemary	
SHARING SOURDOUGH BAGUETTE 	£3.95
With Garlic, Sea Salt & Rosemary	
CHEESY QUARTER SOURDOUGH BAGUETTE 	£3.75
With Cheddar Cheese, Garlic, Sea Salt & Rosemary	
SHARING CHEESY SOURDOUGH BAGUETTE 	£5.25
With Cheddar Cheese, Garlic, Sea Salt & Rosemary	
LOADED FRIES	£5.50
French Fries topped with Cheese Sauce, Crispy Bacon & Spring onion	